St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101

Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4 p.m.

Summer hours (Canada Day to Labour Day): Mon. - Thurs. 9 a.m. to 1 p.m.



Tuesday - Friday 9:00 a.m. Rosary: Tuesday to Friday before 9:00 a.m. Mass

Sunday Masses:

Saturday: 5:00 p.m. **Sunday:** 9:30 a.m. 11:30 a.m.







Pastor

Father Phil Reilly, C.R. preilly@hamiltondiocese.com Coordinator of Youth and Children's Ministries

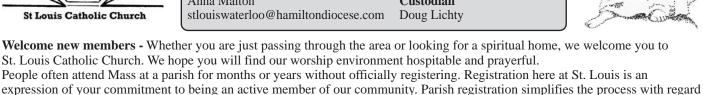
Kelly Krause

kkrause@hamiltondiocese.com

Parish Secretary

Anna Malton

Custodian



to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

9:30 Choir - Bob Reinhart (robertreinhart182@msn.com)

11:30 Choir - Donna McLellan (donna-ipad@hotmail.com)

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Celebrated once a month. Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Annointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Annointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at resurrectionistyocation@gmail.com or www.resurrectionists.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Finance Council

Terry Collins, 519-741-1534

Maintenance Committee

Bob Lorentz, 519-576-5556

OOTC Community Suppers Keith & Sharon Schnarr 519-801-8687

Parish Webmaster

Daniel Delattre, daniel@uwaterloo.ca

Altar Servers Coordinator Dave Pagett, 519-744-7705

Catechesis Of The Good Shepherd, **Youth Ministry**

Kelly Krause, 519-743-4101

Catholic Women's League

Donna Herbstreit, 519-884-9380 donna.marie2000@icloud.com

Ministry to the Elderly & Homebound

Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry Sandra Williams, 519-742-9239

Prayer Chain

Sharon Carey, 519-746-8073

St. Vincent De Paul For food hamper or more information call 519-743-4101





MASS INTENTIONS & EVENTS

MASS INTENTIONS & EVENTS								
Monday,		artin of Tours, Bishop - No l						
	9 AM - NOON		Gym					
		CWL Exec Meeting	L. Hall					
		Choir Rehearsal	Church					
		Adventure Bible Timeline p. 20	L. Hall					
		! – St. Josaphat, Bishop, M	lartyr					
9:00 AM	† Laura Reilly – M							
	9:30 AM	·	L. Hall					
	ay, Novembei							
9:00 AM	•	an – Carla McLennan						
	9 <i>AM</i> – <i>NOON</i>		Gym					
		SVDP General Meeting	L. Hall					
	, November 1							
9:00 AM		nunt Adamski – Malton Family						
			L. Hall					
		bert the Great, Bishop, Do						
9:00 AM		ssaint – Richard & Claire Armitag	je					
	9 AM — NOON		Gym					
Saturday	, November 16							
		SVDP Sandwich project	Kitchen					
	3 rd Sunday in C							
	•	'de – Pat & Joan Forde						
	† Phyllis Ertel – L	•						
	† Fatima Cabral –							
		e Winkler – Lorne & Elizabeth Winl						
		– 33 rd Sunday in Ordinary	Time					
9:30 AM	•	warz – Elizabeth						
		oury – Marilyn Foster						
		i int – Richard & Claire Armitage						
	Intentions of the	e Yolkowski Family –						
		Prayer Shav						
	10:30 AM		L. Hall					
11:30 AM								
	12:30 AM A	dventure Bible Timeline p. 21	L. Hall					

Reflection on the First Reading: 1 Kings 17:10 -16

4:30 PM

In this reading from 1 Kings, Elijah comes to the widow of Zarephath during the time of drought. This drought is of divine origin, brought about by the wickedness of King Ahab, who married the non-Israelite Jezebel, worshipped Baal, and seemingly engaged in child sacrifice at the cost of two of his sons. As is typical in the royal narrative, the transgressions of the king are visited upon the people of Israel. Elijah calls down a drought upon the entire nation as a result of Ahab's sins.

OOTC Community Supper

During the drought, God orders Elijah to go to the widow of Zarephath, a Gentile, for nourishment. Elijah obeys God's command and finds the widow just as she is down to the last handful of flour and drops of oil. The widow does not immediately jump at the chance to hand over the last of her food to a stranger, especially considering that she has a son to care for. However, she believes Elijah when he tells her that God will continue to provide for her and her son until the drought ends. She does not ask for proof or scoff at Elijah's claim. She simply leaves to do as the Prophet requested.

The faith of the widow of Zarephath is remarkable, even more so when we recall that she is a Gentile. Her heritage does not include Israel's history of God's providential care, such as the giving of manna in the wilderness. Yet, in obeying Elijah, she implicitly acknowledges the authority of the God of Israel who promised to provide for her family. Her faith in the God who sent Elijah to her house ultimately brings salvation of an earthly kind to her family. (From Workbook for Lectors)



O God, by Whose mercy the faithful departed find rest, look kindly on Your departed veterans who gave their lives in the service of their country. Grant that through the Passion, Death, and Resurrection of Your Son they may share in the joy of Your heavenly kingdom and rejoice in You with Your saints forever. We ask this

through Christ our Lord. (From catholic.org)



St. Louis CWL invites everyone to our annual Mission Craft and Bake Sale! In addition to delicious homemade baking for sale, we will have a silent auction, a nearly new table and many more treasures and treats! Join us in the gym after each

Mass on the weekend of November 23rd and 24th. All money raised will go to missions here and abroad. We will be gratefully accepting your donations on Friday, November 22nd and further details will be provided in next weekend's bulletin. Please contact Donna Herbstreit with any questions at: 519-741-6390.



Reminder: CWL Membership fees for 2025 are now due. In addition to cash, you can write a cheque to St. Louis CWL or St. Louis Catholic Women's League. The amount is \$45.

Thank you.

St. Louis SVDP will be teaming up with the Waterloo Knights of Columbus by hosting a toy drive, here at St. Louis church. We will collect new toys that will be distributed throughout the region this Christmas season to children in need. A tree will be located inside the front entrance of the church November 16th to Dec 1st. On the tree are tags identifying a child by sex and age. Choose a tag, purchase the toy and return back to St. Louis. (PLEASE DO NOT WRAP THE TOY, SIMPLY ATTACH THE TAG) SVDP members will be collecting the new toys at the gym entrance (off the parking lot) on the weekend of Dec. 6th & 7th before and after all Masses. The Waterloo Knights of Columbus New Toys For Needy Kids Toy Drive is the largest Toy Drive in Southwestern Ontario and has collected and distributed more than \$6,000,000+ in toys and donations to date. To find out more about Waterloo Kniahts of Columbus Tov Drive: https://waterlooknightsofcolumbus.com/toy-drive/ St. Louis St. Vincent de Paul thanks you for your support of this project.



Gym

Pivotal Players –Thursdays at 1 PM in the Large Hall screening of full episodes of Bishop Barron's series on men and women whose friendship with Christ transformed their own lives and the world. Nov. 7th episode is about St. John Henry Newman (1801 -

1890). Full schedule on the parish website.

Maryhill Historical Society Annual General Meeting Sunday Nov. 17, Maryhill Community Centre (58 St. Charles St. E – Maryhill), at 2 PM. Speaker: Warren Stauch of the Waterloo Historical Society will relate his tales of 'Hidden Gems of Waterloo County'. Business meeting to follow. Free refreshment table. All welcome.

St. Joseph's Listowel CWL is hosting their Annual Christmas Bazaar on Saturday, Nov. 16, from 11 – 2 pm at the Parish Centre, 1025 Wallace Avenue North, Listowel. Free Admission. Bake Sale, Lunch, Evergreen Arrangements, Handmade Greeting Cards, Loonie/Tonnie Draws & Grocery Hamper Draw. Everyone Welcome.

Date	Sunday	Loose	Maint.	Diocesan	PAD
Nov 3	3699.00	345.60	575.00	0.00	2178.61

As Catholic Christians our faith assures us that death is not the end...life has changed, not ended. Something beautiful is just beginning! We have hope & the promise of eternal life! As faithful Catholics, there are important spiritual matters we should include in our final wishes, for time of illness & when death occurs - particularly the importance of a Catholic Funeral. But what makes it a "Catholic Funeral"? Attend the St. Agnes Education Cafe: The Catholic View of Death & the Beauty of the Catholic Funeral: Sunday Nov. 24th 2-3:30pm. Details: www.saintagnescatholicchurch.org

As we near the end of the Year of Prayer (designated by Pope Francis as preparation for the Year of Jubilee), can rosary beads help with other prayers? Excerpts from *Mental Prayer and the Rosary Beads: A Method of Prayer for the Laity* by Dr. John Bergsma – continued from last week – part 2/2.

Interior, conversational prayer with God—which the Catholic spiritual tradition customarily terms "mental prayer" to distinguish it from "vocal prayer," which is recited audibly—is a key spiritual discipline without which there is little prospect for growth in holiness for the baptized believer. St. Ignatius of Loyola is reputed to have quipped, "Holiness is impossible without it."

It has long been recognized that there are certain modes of discoursing with God, and four of these encompass most of the interior acts that make up mental prayer: Adoration, Confession, Thanksgiving, and Supplication (ACTS). Furthermore, there is a spiritual logic to it: as we enter God's presence, it makes sense to first acknowledge His greatness (adoration) and then our own unworthiness (confession). Then we strengthen our faith by recollection of God's goodness toward us (thanksgiving), which prepares our soul to ask in faith for that which we (and others) still need (supplication).

The beads of the rosary are used to stay recollected, remember one's place in the stages of prayer, and help ensure a balance of time between these four different interior acts, all of which are important for a "balanced diet," so to speak, of mental prayer.

On the first decade of the rosary, one formulates ten aspirations of adoration to God - adoration is praise of God for who He is, and thus distinct from thanksgiving, which is praise of God for what He has done.

On the second decade of the rosary, we can formulate ten acts of confession. Confession is a subset of what the Catechism describes as "petition" (2629–33)—it is the petition for forgiveness. Confession is an essential component of prayer (see Ezra 9, Daniel 9, and Psalm 51). This decade gives us the opportunity to perform a brief examination of conscience, asking the Holy Spirit to help us to recognize and acknowledge where, when, and how we have failed to love and obey God, as well as other areas of weakness or failing that may not constitute sin—because they lacked our conscious consent—but put us in danger of sin or made us less effective in fulfilling our vocation and duties of state.

On the third decade of the rosary, one can formulate ten acts of thanksgiving, one on each bead. Thanksgiving is an often-neglected aspect of mental prayer, but scriptural teaching on prayer stresses the need for it (CCC 2637–38). St. Paul says, "In everything, by prayer and supplication—with thanksgiving—let your requests be made known to God" (Phil 4:6; cf. Eph 5:20). Psalms, which are the "school of prayer" are full of thanksgiving for God's saving acts. Not only is thanksgiving to God an act of justice—because we owe Him a debt of thanks for all His blessings—but it also strengthens and encourages our faith as we remind ourselves of the various unmerited blessings and answers to prayer God has given us.

The final two decades can be spent on supplications. Supplications are requests for God's help (CCC 2629–33). This is certainly a necessary and legitimate aspect of prayer, and the Lord's

Prayer itself teaches us that our most basic and humble needs are legitimate subjects for prayer: "Give us this day our daily bread". But supplication can also tend to dominate our prayer, especially when we are young in the interior life, which is a reflection of our natural self-focus. That is why it is good to reserve supplication to the end of the process of prayer. It is possible to formulate twenty acts of supplication, or one can divide the two decades into requests for one's own needs and then intercessions for others (CCC 2634-36). Our needs as well as the needs of the Church and the world tend to be so great and numerous that is never difficult to fulfill these twenty aspirations!

My own experience has been that using the rosary beads to guide my mental prayer in this way typically consumes fifteen to twenty minutes. A good target for laity can be to practice mental prayer twice a day, in the morning and afternoon, for fifteen minutes each. I would not recommend using this rosary-bead method for more than one of these sessions—one's other time of mental prayer during the day could be free conversation, meditation on a book, journaling, or quiet listening.. Prayer is, of course, not ultimately a matter of technique or method but a relationship with God. No one method suits all people and all situations, and within our own life of prayer it is good to foster variety and participate in the many forms offered to the Christian believer: liturgical prayer, vocal prayer, and various forms of meditation and contemplation.

Dr. John Bergsma has taught Scripture at Franciscan University of Steubenville since 2004. He has written over a dozen books on the Catholic faith and Scripture, including Bible Basics for Catholics: A New Picture of Salvation History (Notre Dame: Ave Maria Press, 2012). He and his wife Dawn reside in Steubenville, OH, with their eight children. (From review.catechetics.com/mental-prayer-and-rosary-beads-method-prayer-laity)

Book Release: The release of Canadian Centre for Bioethical Reform's newest book 'How We Got Here': A Guide to Our Anti-Christian Culture' by Jonathon Van Maren on Tuesday, Nov. 12 at Trinity Bible Chapel (1373 Lobsinger Line, Waterloo ON). The post-Christian world that we inhabit today is utterly different than the world just a few decades ago. How did it happen? Why did everything change? The author, Jonathon Van Maren will walk through the cultural landscape, considering where we are and where we are going.



Heartfelt thank You to the congregation of St. Louis Church for the generous participation in this year's Baby Bottle Campaign (May – June)

and raising an incredible \$2370.41! This amount represents 5 departure bins for mothers transitioning into independent living, or 10 welcome bins filled with thoughtful essentials that help our residents feel at home. And, of course, it helps provide many other vital services that Marillac Place offers to the mothers and children we serve. We truly appreciate your continued support and generosity. It is through efforts like yours that we can continue to offer life-changing assistance to those in need. (From Hilary Zorgdrager, Office Administrator)

Waterloo Knights of Columbus invites all Catholic men, 18 and older, to join us! We are a charitable organization that helps our community in many ways. To find out more, or to visit us, call our recruitment manager Al Kehn @ 519-778-2083 or email popkehn@gmail.com. Is Jesus calling you today?

Resurrectionist Vocation Minute - ...sometimes our efforts will in fact make little – if any – difference in this world. Period. But in God's eyes, efforts like the widow's two small copper coins can be worth more than all the accomplishments of those who seemed to "make a difference" in this world. The question is: does this make a difference in your eyes? Fr. Raphael Ma, CR; resurrectionistvocation@gmail.com



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